

8th October 2021

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Dear Parents/Carers

As part of our ongoing work in relation to 'The Wellbeing for Education Return programme' that was launched last year to staff working in schools and colleges to respond to the additional mental health and wellbeing challenges as a direct result of the pandemic, we are carrying out an online wellbeing survey for all pupils at Quorn Hall School to access.

The questionnaire highlights areas of strength, for example pupils feeling supported at school; but also challenges, including high levels of anxiety for a significant number. The data results will be shared with our staff team, therapy team and school governors, and together they will use it to devise a support programme for the pupils at Quorn Hall School.

Our online Wellbeing Measurement Survey consists of a set of validated measures assessing pupils':

- Mental health and wellbeing (emotional difficulties, behavioural difficulties)
- Emotional strengths and skills (life satisfaction, empathy, self-esteem, problem solving, goal setting, participation in home and school, participation in community)
- Support networks (peer support, school support, family support, wider support)

The survey takes 15-20 minutes. Pupils are free to skip questions that they do not want to answer. We follow an opt-out consent process, therefore if you don't want your child to participate, please let us know by Tuesday 12th October 2021. None of the information will be used to identify pupils, parents/carers, and our teachers will NOT be able to see the answers.

Kind regards

Anna Fitzpatrick **Deputy Headteacher**

